

Te Poari o Ngā Mōrehu Taitōkai o Aotearoa Enabling the wellbeing of male survivors of sexual violence

# From the Chairman's desk...



Phillip Chapman, MSA Chair

#### Kia ora koutou,

The end of 2019 provides a welcome opportunity to pause, reflect and re-energise as we approach a demanding schedule of work in the first half of 2020. This update highlights some of our achievements over the last six months, but it also signals some important and demanding initiatives that will focus the activities of Trustee and the leadership of our Member Organisations (MMO's) going forward. Our key initiatives for the upcoming year include:

- ✓ Launching our effectiveness for Māori strategy;
- ✓ Establishing new MMO's in Tai Tokerau, Taranaki and Gisborne;
- ✓ Ensuring that MSA and all of our MMO's achieve MSD Level 2 accreditation to enable future funding contracts;
- ✓ Increasing awareness of our services through our communications program; and
- $\checkmark$  Continuing our focus on the quality of our services and the education and training of our people

It's a very busy year ahead. I hope that you are able to take time out to enjoy the Holiday break with your families and friends.

My sincere thanks to my fellow trustees, and the trustees, management and staff of our MMO's for all of your good work in 'enabling the wellbeing of male survivors of sexual abuse'.

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### Effectiveness for Maori – Kia Maarire

2020 will see the realisation of an important strategic initiative (Kia Maarire) aimed at increasing the effectiveness of the support services offered by MSA and its MMO's to Māori male survivors of sexual violence. The essence of the initiative is to enable and support the MSA Board and the leadership of its MMO's to engage effectively with Māori Kaupapa Services and other lwi-based services, fostering understanding and collaboration to achieve the best outcomes for Māori survivors who form more than 50% of our male survivor community.

To execute this strategic initiative MSA have established a **Te Rōpu Tautoko** that will operate as an advisory subcommittee to the MSA Board of Trustees. The founding members of the Te Rōpu Tautoko, appointed by the MSA Board, are:

- Oliver Sutherland,
- Ta/Sir Mark Solomon (Ngai Tahu, Ngati Kuri),
- Shane Graham (Ngati Raukawa, Ngati Ranginui),
- Dexter Traill (Ngati Kahungunu, Rangitane), and
- Dr. Lorraine Eade (Ngati Toa, Ngati Rarua, Ngai Tahu).

MSA have established a new role – Pouarahi Māori (National Māori Coordinator) – and hope to make an appointment during the first quarter of 2020. This initiative will be critical in enabling and supporting MSA's intention to expand its services network especially within regions where effective engagement with Māori service providers is essential, for example Te Tai Tokerau.

I would like to acknowledge Shane Graham, a member of the MSA Board, for initiating this strategy and also MSD for providing the funding to make it possible.

# **Service Development**



Consistent with our ambition "to establish a sustainable national network of quality support services for male survivors in Aotearoa" we have been progressing a number of national initiatives. As anticipated in the June update, we opened the doors of our new Tauranga-based Service Centre in August.

**BAY OF PLENTY** 

The centre hosted two opening events which were well supported by local civic, health and social service organisations.

The last few months have been focussed on quietly establishing the centre with services intended to be fully active from February 2020. Male Survivors Bay of Plenty will initially provide peer-support and referral services for male survivors throughout the Bay of Plenty with the possibility of an extended service to Rotorua and Taupo in the future.

I would like to acknowledge the special contribution of Mike Holloway (Male Support Services Waikato) for initiating this venture and for his energy and commitment that has been a critical factor in establishing the centre.

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We are also pleased to welcome **Mosaic** as a new Wellington-based MMO of MSA. Mosaic is an established organisation providing peer support and counselling services for children, adolescent and adult survivors of sexual abuse and brings a special focus on the University and LBGTQ communities in Wellington. Mosaic will be working alongside our other Wellington-based MMO – Male Survivors Wellington – to strengthen and expand the services available in the wider Wellington region.



Mosaic is also hosting a conference and symposium in February 10 -14, 2020 focussed on "Male Trauma and Sexual Abuse Recovery", which will be led by a well-known trauma expert, Rick Goodwin. More information is available here.

The MSA Trustees are also exploring opportunities to provide support services in other major



other North Island centres where there is a high demand for male survivor support. Our current focus is on **Te Tai Tokerau** (Northland) with a support centre based in Kerikeri. Consultation with other service providers will take place in February 2020 with an objective of establishing the service centre in July.

We are also in discussion with interested parties in **Taranaki** with a view to establishing a new service centre in New Plymouth; and we are exploring options to develop a service centre in **Gisborne** 

Our Auckland-based service (**Better Blokes**) has recently established a new peer-support service in **Manukau City** in collaboration with the Salvation Army. This ia an important and welcome initiative to increase our

engagement with Pasifika peoples in South Auckland.

### A Fresh Focus on Communication

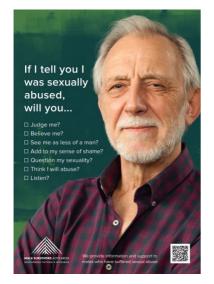
**EXHIBITIONS:** The Bristlecone project was an important participant in our first International (South-South) conference held in Christchurch in 2018. The photographs and stories of 23 survivors exhibited at the Canterbury Museum presented a confronting and yet engaging account of male survivors of sexual violence.

The Canterbury Museum have now gifted this exhibition to MSA and we plan to exhibit it around New Zealand over the next two years as part of our community engagement and survivor awareness strategy.

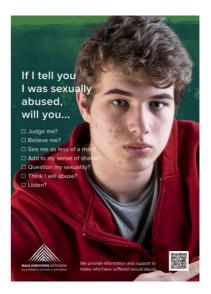
**POSTER CAMPAIGNS:** Using Bristlecone exhibition photographs and with the permission of the survivors we are creating a set of seven black and white **A2 campaign posters** that will support awareness campaigns to be launched in major centres over the next two years.

We are also publishing a **set of A3 posters** that we hope will help to encourage male survivors to seek help and support from our MMO's across the country

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We will be releasing more new posters in the new year that reflect the diversity of our male survivor community. We hope to have posters featuring Māori and Pasifika survivors available in the first quarter of 2020.

If you want to obtain copies of these posters to display within your organisation please contact your nearest service centre

**BROCHURES:** MSA have also recently published the following **wallet size information brochures**, initially for use by our Waikato, Bay of Plenty and Otago service centres. These brochures are designed for a multipurpose audience — to inform survivors and their supporters as well as organisations, colleagues, friends and potential supporters, about who we are and what we do.



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Early in 2020 we will be publishing the first in a series of booklets to further inform male survivors about our services. The first publication titled **Peer Support** will provide information about this core service

**WEBSITES:** MSA has also enabled the establishment of a new website for <u>Male Survivors Bay</u> of <u>Plenty</u> and the refreshment of the <u>Male Survivors Otago</u> website.

We welcome your feedback on these new/updated websites and any suggestions to improve them.

# **Peer Support Training**



Group breakout session at MSA's IPS Training HQ - the beautifully restored Fairfield House in Nelson

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**Intentional Peer Support** (IPS) continues to be the essential strengths-based philosophy underpinning MSA's peer support services. Another successful introductory course held in December with 18 participants takes the total number of peer workers trained in IPS to more than 55. However, this last course was a little different as for the first time it included four MSA sponsored participants from other organisations reflecting our intentions to work more closely with the crisis services; educate counsellors about peer support; and enable our Australian friends who work with survivors.

The 12 participants in our next IPS advanced course (February 2020), including some repeat participants, will mean that we now have more than 20 fully trained IPS peer workers supporting male survivors across New Zealand.

Our special thanks to Lisa Archibald and the training team from IPS Aotearoa NZ; to Ken Clearwater our course support person; and to Louis Chapman from The Male Room who facilities the Nelson venue and special travel arrangements. And, of course, thanks to our member organisations who have co-sponsored the training with MSA. It is quite an achievement that over the last two years we together have provided more than 75 IPS training opportunities for our peer workers.

### The Ken Clearwater factor...

Following on from his Christchurch community award and his recognition in the Queen's Birthday honours 2019 as an Officer of the New Zealand Order of Merit (ONZM), Ken Clearwater has again been recognised for his outstanding contribution to male survivors across New Zealand.

Ken has now been awarded the **Canterbury Local Hero** award, part of a national local hero programme that recognises outstanding contributions by individuals to their local communities.

As we have said previously, Ken has not only been the face of male survivors in New Zealand for nearly 30 years, he has driven essential changes that have helped countless men in New Zealand to access a recovery pathway towards a better future.

Congratulations (again) Ken!

# MSA Research in progress...

Last year, MSA's research team, led by our Trustee-Research, Associate Professor Louise Dixon, established a project to "Examine the journeys of adult male survivors of sexual abuse and the services they need: identifying effective practice and gaps from a ready model of peer support in New Zealand"

The research design and ethical approvals were finally completed in July. The Research Team (Louise Dixon, Chris Bowden, Philip Chapman and David Mitchel) is currently engaged in recruiting survivors to complete a research questionnaire.

The interviews will then enable live interviews early in 2020. This has been a slower than expected process and our thanks to the 50 survivors that have participated so far. We would appreciate your help in encouraging more survivors to become engaged in this important research project.

All going well we expect to present the outcomes of the research at a special on-day Hui in November 2020.

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## **Continuing focus on quality service**

**ACCREDITATION:** MSA and all MMO's are required to be compliant with **MSD Level 2 Accreditation Standards** by June 30 2020. Although a challenge for our smaller and emergent MMO's this requirement will help to assure the quality of our peer-support services.

The Government's 2019 budget assured funding for MSA and our MMO's for the next three years from Fiscal21 – Fiscal23. However, this funding will only be available to organisations that have MSD level 2 accreditation. MSA is currently working with MSD to ensure that our published policies cover all level 2 requirements and are all level 2 compliant. This will assure our MMO's that their required policy compliance under their membership agreements will also meet the level 2 standards. However, they will still need to demonstrate that they have the operational processes and procedures that are policy compliant.

Supporting this accreditation process will be an important focus for the MSA Board.

**SUPERVISION:** During the first quarter of 2020, MSA will perform its first policy review in collaboration with MMO's. Assuring compliance with the MSA Supervision Policy will be the focus of the review, which recognises the critical importance of not only assuring the wellbeing of our managers and peer-workers, but also assuring the quality of our peer-support services and the safety and wellbeing of the male survivors in our care. The review emphasis will be on encouraging policy compliance but also looking for opportunities to improve the policy and associated supervision processes...

**NEW POLICIES:** Recent additions to MSA's published policies include our **Access & Equity** policy and **Working with Pasifika**. We have also published a policy discussion paper on **Working with Gangs** 

On behalf of my fellow trustees,

Noho ora mai

Philip

Phillip Chapman Chair

Ngā mihi o te wā me te Tau Hou

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